

HASIL PENELITIAN POLA MAKAN DAN STRESS

Resp	Usia	Jen Kel	Pendidikan	Perilaku Pola Makan PRE			Total	KD	Perilaku Pola Makan POST			Total	KD
				Pagi	Siang	Malam			Pagi	Siang	Malam		
Resp 1	2	1	2	1	0	0	1	1	1	1	1	3	2
Resp 2	2	1	2	0	1	0	1	1	0	1	1	2	1
Resp 3	2	2	2	0	0	1	1	1	1	1	1	3	2
Resp 4	4	2	3	1	1	1	3	2	1	1	1	3	2
Resp 5	2	2	2	0	0	0	0	1	1	1	0	2	1
Resp 6	2	2	3	1	1	1	3	2	1	1	1	3	2
Resp 7	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 8	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 9	2	1	2	0	1	0	1	1	0	1	1	2	1
Resp 10	2	2	2	0	1	0	1	1	0	1	1	2	1
Resp 11	2	2	2	0	0	1	1	1	1	1	1	3	2
Resp 12	2	2	2	0	0	1	1	1	0	0	1	1	1
Resp 13	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 14	4	2	3	1	1	1	3	2	1	1	1	3	2
Resp 15	4	1	2	1	0	0	1	1	1	0	0	1	1
Resp 16	3	2	3	1	1	1	3	2	1	1	1	3	2
Resp 17	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 18	2	2	2	0	1	0	1	1	1	1	1	3	2
Resp 19	3	2	3	1	1	1	3	2	1	1	1	3	2
Resp 20	2	1	2	1	0	0	1	1	1	0	0	1	1
Resp 21	2	2	3	1	1	1	3	2	1	1	1	3	2
Resp 22	3	2	3	1	1	1	3	2	1	1	1	3	2
Resp 23	3	2	2	1	0	0	1	1	1	0	0	1	1
Resp 24	3	1	2	1	1	1	3	2	1	1	1	3	2
Resp 25	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 26	2	2	2	1	1	1	3	2	1	1	1	3	2
Resp 27	2	2	2	1	0	0	1	1	1	0	0	1	1
Resp 28	3	1	2	1	1	1	3	2	1	1	1	3	2
Resp 29	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 30	2	2	2	1	1	1	3	2	1	1	1	3	2
Resp 31	2	2	2	1	0	0	1	1	1	0	0	1	1
Resp 32	2	2	2	0	1	1	2	1	1	1	1	3	2
Resp 33	2	2	2	1	0	0	1	1	1	1	1	3	2
Resp 34	2	2	2	0	1	0	1	1	0	1	0	1	1
Resp 35	2	2	2	0	0	1	1	1	1	1	1	3	2
Resp 36	2	2	2	1	0	0	1	1	1	0	0	1	1
Resp 37	2	2	2	0	1	0	1	1	1	1	1	3	2



Resp	PENGETAHUAN DYSPEPSIA PRE																M	KD
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15	JML		
Resp 1	1	0	1	0	0	1	0	0	1	0	1	0	1	0	1	7	8,5	1
Resp 2	1	0	0	0	1	1	0	1	0	1	1	0	1	0	1	8	8,5	1
Resp 3	1	0	1	0	0	0	1	1	1	1	0	1	0	1	0	8	8,5	1
Resp 4	1	1	1	0	0	1	1	0	0	0	0	1	1	0	1	8	8,5	1
Resp 5	1	0	0	0	0	1	0	0	1	1	0	1	1	1	1	8	8,5	1
Resp 6	1	0	1	0	1	1	0	0	0	1	1	1	1	0	0	8	8,5	1
Resp 7	1	0	1	0	1	0	1	0	1	0	1	1	1	1	1	10	8,5	2
Resp 8	1	0	1	0	1	1	0	1	0	1	1	1	1	1	0	10	8,5	2
Resp 9	1	0	1	1	1	0	1	1	1	0	1	0	0	0	0	8	8,5	1
Resp 10	1	0	1	1	0	1	1	1	0	1	1	0	1	1	0	10	8,5	2
Resp 11	1	0	1	0	0	1	0	0	1	0	1	0	0	1	0	6	8,5	1
Resp 12	1	1	1	0	1	0	1	1	0	0	1	1	0	1	1	10	8,5	2
Resp 13	1	0	1	1	1	0	1	1	0	1	1	1	1	0	0	10	8,5	2
Resp 14	1	0	1	0	0	1	0	0	1	0	0	1	0	0	1	6	8,5	1
Resp 15	1	0	1	0	0	1	0	1	1	1	0	1	1	1	1	10	8,5	2
Resp 16	1	0	1	0	1	1	0	1	1	1	1	1	0	1	0	10	8,5	2
Resp 17	1	0	0	1	0	1	0	0	1	0	1	0	1	0	1	7	8,5	1
Resp 18	1	0	1	0	1	1	1	1	0	1	1	1	1	1	0	11	8,5	2
Resp 19	0	0	0	1	1	1	1	1	1	1	0	1	1	0	1	10	8,5	2
Resp 20	1	0	0	1	0	0	1	0	1	0	0	1	0	0	1	6	8,5	1
Resp 21	1	0	1	0	1	0	1	0	1	1	1	1	1	0	1	10	8,5	2
Resp 22	1	0	0	1	0	1	0	0	1	0	1	0	1	1	0	7	8,5	1
Resp 23	1	0	0	1	0	1	0	1	1	1	1	1	1	0	1	10	8,5	2
Resp 24	0	0	1	1	0	1	1	1	0	1	1	1	1	1	1	11	8,5	2
Resp 25	1	1	0	1	0	1	0	1	0	1	0	1	0	0	1	8	8,5	1
Resp 26	1	0	1	0	1	0	1	1	1	0	1	1	1	1	1	11	8,5	2
Resp 27	1	0	1	0	0	1	0	1	1	0	1	1	1	0	0	8	8,5	1
Resp 28	0	0	1	0	1	1	1	0	1	0	1	0	1	0	0	7	8,5	1
Resp 29	1	0	1	0	0	1	1	0	1	0	1	1	0	0	0	7	8,5	1
Resp 30	0	0	1	1	0	1	1	1	1	0	1	0	1	0	0	8	8,5	1
Resp 31	1	0	1	0	1	0	1	0	1	1	1	1	1	1	1	11	8,5	2
Resp 32	1	0	0	1	1	0	1	1	0	1	0	1	0	0	0	7	8,5	1
Resp 33	1	0	1	1	1	0	1	0	1	0	1	0	1	0	0	8	8,5	1
Resp 34	1	0	0	1	0	1	0	0	1	1	0	1	1	1	0	8	8,5	1
Resp 35	0	0	0	1	0	1	1	0	1	1	0	1	0	0	1	7	8,5	1
Resp 36	1	0	1	0	1	1	0	1	1	0	1	1	1	0	1	10	8,5	2
Resp 37	1	0	1	0	0	1	0	1	0	1	0	1	1	0	0	7	8,5	1

Resp	PENGETAHUAN DYSPEPSIA POST															M	KD	
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14	S15			JML
Resp 1	1	0	1	0	0	1	0	1	1	0	1	0	1	0	1	8	10,8	1
Resp 2	1	0	0	0	1	1	1	1	1	1	1	1	1	1	1	12	10,8	2
Resp 3	1	0	1	0	0	1	1	1	1	1	0	1	0	1	0	9	10,8	1
Resp 4	1	1	1	1	1	1	1	1	1	0	0	1	1	0	1	12	10,8	2
Resp 5	1	0	0	0	0	1	1	0	1	1	0	1	1	1	1	9	10,8	1
Resp 6	1	1	1	1	1	1	1	0	1	1	1	1	1	0	0	12	10,8	2
Resp 7	1	0	1	1	1	1	1	1	1	0	1	1	1	1	1	13	10,8	2
Resp 8	1	0	1	1	1	1	1	1	1	1	1	1	1	1	0	13	10,8	2
Resp 9	1	0	1	1	1	1	1	1	1	0	1	0	0	0	0	9	10,8	1
Resp 10	1	0	1	1	1	1	1	1	1	1	1	0	1	1	0	12	10,8	2
Resp 11	1	0	1	1	1	1	0	0	1	0	1	0	0	1	0	8	10,8	1
Resp 12	1	1	1	1	1	1	1	1	0	0	1	1	0	1	1	12	10,8	2
Resp 13	1	1	1	1	1	1	1	1	0	1	1	1	1	0	0	12	10,8	2
Resp 14	1	1	1	1	1	1	0	0	1	0	0	1	0	0	1	9	10,8	1
Resp 15	1	0	1	1	1	1	0	1	1	1	0	1	1	1	1	12	10,8	2
Resp 16	1	1	1	0	1	1	1	1	1	1	1	1	0	1	0	12	10,8	2
Resp 17	1	0	0	1	0	1	1	1	1	0	1	0	1	0	1	9	10,8	1
Resp 18	1	0	1	1	1	1	1	1	0	1	1	1	1	1	0	12	10,8	2
Resp 19	1	0	1	1	1	1	1	1	1	1	0	1	1	0	1	12	10,8	2
Resp 20	1	0	0	1	1	1	1	0	1	0	0	1	0	0	1	8	10,8	1
Resp 21	1	1	1	1	1	0	1	0	1	1	1	1	1	0	1	12	10,8	2
Resp 22	1	0	0	1	0	1	1	1	1	0	1	0	1	1	0	9	10,8	1
Resp 23	1	0	0	1	1	1	1	1	1	1	1	1	1	0	1	12	10,8	2
Resp 24	1	1	1	1	0	1	1	1	0	1	1	1	1	1	1	13	10,8	2
Resp 25	1	1	1	1	0	1	0	1	0	1	0	1	0	0	1	9	10,8	1
Resp 26	1	0	1	0	1	1	1	1	1	0	1	1	1	1	1	12	10,8	2
Resp 27	1	0	1	0	0	1	1	1	1	0	1	1	1	0	0	9	10,8	1
Resp 28	0	1	1	1	1	1	1	1	1	1	1	1	1	0	0	12	10,8	2
Resp 29	1	1	1	1	1	0	0	1	1	1	1	1	0	0	0	10	10,8	1
Resp 30	1	0	1	1	0	1	1	1	1	0	1	0	1	0	0	9	10,8	1
Resp 31	1	1	1	1	1	0	1	0	1	1	1	1	1	1	1	13	10,8	2
Resp 32	1	1	1	1	1	0	1	1	0	1	0	1	0	0	0	9	10,8	1
Resp 33	1	1	1	1	1	1	1	1	1	1	1	1	1	0	0	13	10,8	2
Resp 34	1	1	1	1	0	1	0	0	1	0	0	1	1	1	0	9	10,8	1
Resp 35	0	0	0	1	0	1	1	0	1	1	0	1	0	0	1	7	10,8	1
Resp 36	1	1	1	1	1	1	1	1	1	0	1	1	1	0	1	13	10,8	2
Resp 37	1	0	1	0	0	1	0	1	0	1	0	1	1	0	0	7	10,8	1

HASIL UJI NORMALITAS DATA

Descriptives

			Statistic	Std. Error
Pengetahuan Pre	Mean		8.5405	.25876
	95% Confidence Interval for Mean	Lower Bound	8.0157	
		Upper Bound	9.0653	
	5% Trimmed Mean		8.5450	
	Median		8.0000	
	Variance		2.477	
	Std. Deviation		1.57400	
	Minimum		6.00	
	Maximum		11.00	
	Range		5.00	
	Interquartile Range		3.0000	
	Skewness		.102	.388
	Kurtosis		-1.304	.759
	Pengetahuan Post	Mean		10.6216
95% Confidence Interval for Mean		Lower Bound	9.9719	
		Upper Bound	11.2713	
5% Trimmed Mean			10.6907	
Median			12.0000	
Variance			3.797	
Std. Deviation			1.94867	
Minimum			7.00	
Maximum			13.00	
Range			6.00	
Interquartile Range			3.0000	
Skewness			-.313	.388
Kurtosis			-1.436	.759

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pengetahuan Pre	.229	37	.000	.884	37	.001
Pengetahuan Post	.333	37	.000	.818	37	.000

a. Lilliefors Significance Correction

HASIL ANALISA UNIVARIAT

Usia

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	20-29 tahun	28	75.7	75.7	75.7
	30-39 tahun	6	16.2	16.2	91.9
	40-49 tahun	3	8.1	8.1	100.0
	Total	37	100.0	100.0	

Jenis kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	7	18.9	18.9	18.9
	Perempuan	30	81.1	81.1	100.0
	Total	37	100.0	100.0	

Pendidikan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	DIII Keperawatan	30	81.1	81.1	81.1
	S1 Keperawatan	7	18.9	18.9	100.0
	Total	37	100.0	100.0	

Penilaian Edukasi

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sesuai SAP	37	100.0	100.0	100.0

Perilaku Pre

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang	26	70.3	70.3	70.3
	Baik	11	29.7	29.7	100.0
	Total	37	100.0	100.0	

Perilaku Post

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang	12	32.4	32.4	32.4
	Baik	25	67.6	67.6	100.0
	Total	37	100.0	100.0	

Pengetahuan Pre

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang	22	59.5	59.5	59.5
	Baik	15	40.5	40.5	100.0
	Total	37	100.0	100.0	

Pengetahuan Post

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang	17	45.9	45.9	45.9
	Baik	20	54.1	54.1	100.0
	Total	37	100.0	100.0	

HASIL ANALISA BIVARIAT

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Perilaku Pre	1.6216	37	.98182	.16141
	Perilaku Post	2.4595	37	.83648	.13752
Pair 2	Pengetahuan Pre	8.5405	37	1.57400	.25876
	Pengetahuan Post	10.6216	37	1.94867	.32036

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	Perilaku Pre & Perilaku Post	37	.454	.005
	Pengetahuan Pre & Pengetahuan Post	37	.784	.000

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tail)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	Perilaku Pre - Perilaku Post	-.8378	.95782	.15746	-1.1572	-.5185	-5.321	36	.000
Pair 2	Pengetahuan Pre - Pengetahuan Post	-2.0811	1.21056	.19902	-2.4847	-1.6775	-10.457	36	.000

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